



# Online Palliative Care Training

## LEAP Online - Learning Essential Approaches to Palliative Care

**What is LEAP Online?** – LEAP Online is a facilitated online learning program that provides health care professionals with the essential skills and competencies of the palliative care approach. It is ideal for any health care professional (physicians, nurses, pharmacists, social workers) who would like to complete training in palliative care at their own pace and who provides care for patients with life-threatening and progressive life-limiting illness. LEAP Online features 16 self-directed and interactive online modules and 3 two-hour mandatory webinars where participants will work through cases and discuss learnings from online modules. Topics include:

- ◆ Taking Ownership
- ◆ Advance Care Planning
- ◆ Goals of Care & Decision-Making
- ◆ Pain Assessment & Management
- ◆ Delirium Assessment & Management
- ◆ Depression, Anxiety & Grief
- ◆ Dyspnea
- ◆ Gastrointestinal, Nutrition & Hydration
- ◆ Palliative Sedation
- ◆ Request to Hasten Death
- ◆ Suffering, Spiritual Care & Maintaining Hope
- ◆ Last Days & Hours
- ◆ Essential Conversations

**Accreditation** – LEAP Online is accredited by the College of Family Physicians of Canada for up to **24 Mainpro+ credits**. This event is an Accredited Group Learning Activity (Section 1) as defined by the Maintenance of Certification Program of the Royal College of Physicians and Surgeons of Canada, and approved by the University of Ottawa's Office of Continuing Professional Development. You may claim a maximum of **12.0 hours** (credits are automatically calculated).

**Cost** – \$295 for Physicians, \$195 for Non Physicians

**Questions?** – Contact Leah Clarke at [leah.clarke@lhins.on.ca](mailto:leah.clarke@lhins.on.ca) or 905.855.9090 ext. 2725

### Webinar

#### Dates & Times

(mandatory attendance to all 3 webinars is required)  
September 22, 9am-11am  
September 23, 2pm-4pm  
September 25, 9am-11am

#### Facilitators

Dr. Asha Gupta, MD  
Janany Nemallan, RN-EC

See page 2 for registration details

**Mississauga Halton  
Palliative Care  
Network**  
[www.mhpcn.net](http://www.mhpcn.net)

## STEP ONE—REGISTER:

1. Login to the Learning Management System at the following link: <https://palliumcentral.pallium.ca>. If you do not have an account, create one. Go to your email to verify your account (check your junk mail too) and click the confirmation link inside the email sent from Pallium Central.
2. Once you are logged into your account click on the orange button that reads “**I have an enrollment key**”. Type in the enrollment key **LEAPSEPT** then click on the “**go to course**” button.
3. Follow the steps outlined on the pallium site to make payment and finalize registration

## STEP TWO—COMPLETE PRE-COURSE WORK

1. Login to your [Pallium Central](#) account
2. Select **My Courses** and then go to the **Course Work** button on the right-hand side
3. Read the information and complete all pre-course activities:
  - Attitudes to Palliative and End-of-Life Care Survey
  - Palliative Care Comfort Scale
  - Palliative Care Knowledge Quiz

Note: LEAP courses are accredited by the College of Family Physicians, due to this some of the questions in the Pre-course Activities may not apply to your profession, we still ask that you complete all of the pre-course activities to the best of your ability.

5. Complete all the pre-course modules— must be completed before the webinars

## STEP THREE—ATTEND ALL THREE WEBINARS

1. September 22, 9:00-11:00am
2. September 23, 2:00-4:00pm
3. September 25, 9:00-11:00am

## STEP FOUR—COMPLETE POST-COURSE ACTIVITIES

1. Login to your [Pallium Central](#) account
2. Select **My Courses** and then go to the **Course Work** button on the right-hand side
3. Complete post-course activities:
  - a) Post-Course evaluation
  - b) Commitment to Change \*\*
  - c) Attitudes to Palliative and End-of-Life Care
  - d) Palliative Care Comfort Scale
  - e) Palliative Care Knowledge Quiz
  - f) Commitment to Change (4 months post-course)

\*\*Note that there are 2 Commitment to Change exercises. The first one is immediately available after the course. The second will only unlock 4 months after the first one has been completed. For example, if you have completed the first Commitment to Change on October 27, 2019 the second one will only unlock on February 27, 2020. The certificate of completion will only be available once you have completed the second Commitment to Change.